

LEARNING STYLES

Name: _____ Date: _____

Place a check mark on the line that best describes you. Complete each question.

- | | Often | Sometimes | Seldom |
|---|-------|-----------|--------|
| 1. Can remember more about a subject through listening than reading. | _____ | _____ | _____ |
| 2. Follow written directions better than spoken directions. | _____ | _____ | _____ |
| 3. Like to write things down or take notes for visual review. | _____ | _____ | _____ |
| 4. Push down extremely hard with pen or pencil when writing. | _____ | _____ | _____ |
| 5. Require explanations of diagrams, graphs, or visual directions. | _____ | _____ | _____ |
| 6. Enjoy working with tools. | _____ | _____ | _____ |
| 7. Am skillful with and enjoy developing and making graphs and charts. | _____ | _____ | _____ |
| 8. Can tell if sound match when I hear them with pairs of sounds. | _____ | _____ | _____ |
| 9. Remember best by writing things down several times. | _____ | _____ | _____ |
| 10. Can understand and follow directions on several times. | _____ | _____ | _____ |
| 11. Do better at academic subjects by listening to lectures and tapes. | _____ | _____ | _____ |
| 12. Like to play with coins or keys. | _____ | _____ | _____ |
| 13. Learn to spell better by repeating the letters out loud than by writing the word on paper. | _____ | _____ | _____ |
| 14. Can better understand a news article by reading about it in the paper than by listening to the radio. | _____ | _____ | _____ |
| 15. Chew gum or snack while studying. | _____ | _____ | _____ |
| 16. Feel the best way to remember is to picture it in my head. | _____ | _____ | _____ |
| 17. Learn spelling by "finger reading" or writing out the word. | _____ | _____ | _____ |
| 18. Would rather listen to a good lecture or speech than read about the same material in a textbook. | _____ | _____ | _____ |
| 19. Am good at working and solving jigsaw puzzles and mazes. | _____ | _____ | _____ |
| 20. Grip objects in hands during learning instructions. | _____ | _____ | _____ |
| 21. Prefer listening to the news on the radio rather than reading about it in the newspaper. | _____ | _____ | _____ |
| 22. Obtain information on an interesting subject by reading relevant materials. | _____ | _____ | _____ |
| 23. Feel very comfortable showing emotions. | _____ | _____ | _____ |
| 24. Follow spoken directions better than written ones. | _____ | _____ | _____ |